



Ming-De International School Toowoomba

明巴文圖國際學校

Ming-De International School Toowoomba Sun Smart Policy

Rational

- Queensland has the highest rate of skin cancer in the world. Research suggests that at least two-thirds of all melanomas occurring in Australia could be prevented if children were protected from the sun during their first 15 years.
- Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Research shows that severe sunburn contributes to skin cancer and other forms of skin damage such as sunspots, blemishes and premature aging. Most skin damage and skin cancer is therefore preventable.
- Ultraviolet radiation (UVR) levels are highest during the hours that children are at school.

Policy Statement

Ming-De International School Toowoomba is mindful of the need to protect children's skin and to educate them about Sun Smart behaviour. Therefore, we aim to reduce the risk of skin cancer through exposure to the sun. The implementation of this policy will be conducted throughout the year thus ensuring that all children attending our school are protected from the harmful effects of the sun.

Consequences

Through the implementation of this policy Ming-De International School will:

- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection.
- Provide environments that support Sun Smart practices.
- Create an awareness of the need to reschedule work commitments and outdoor activities to support Sun Smart practices.

Procedures

Ming-De International School Toowoomba will endeavour to:

- Inform parents of the Sun Smart Policy when they enrol their child
- Include the Sun Smart Policy statement in school prospectus
- Increase the amount of shade in the school grounds, where possible, by building shelters and planting trees
- Incorporate education programs that focus on skin cancer prevention into the school curriculum
- Encourage all teachers and staff to act as positive role models for children in all aspects of Sun Smart behaviour



Ming-De International School Toowoomba

明巴文德國際學校

- Seek ongoing support from parents and the school community for the Sun Smart Policy and its implementation, through newsletters, parent meetings, etc.
- Ensure that all students and staff wear hats that protect the face, neck and ears, and SPF 30+ broad-Spectrum, water-resistant sunscreen, when involved in outdoor activities
- Encourage students without adequate sun protection to use shaded or covered areas at recess and lunch times
- Review the school dress code to conform to the Queensland Cancer Fund Sun Smart clothing guidelines
- Ensure that, wherever practicable, outdoor activities take place before 10 a.m. or after 3 p.m.
- Ensure that adequate shade is provided at sporting carnivals and other outdoor events
- Review the Sun Smart policy annually

Expectations

Parents/ Carers will endeavour to:

- Provide a Ming-De School hat for their child and ensure that they wear it to and from school. The hat is part of Ming-De International School uniform: 8-10 cm broad-brimmed which is recommended by the Queensland Cancer Council
- Ensure that their child applies SPF 30+ Broad-spectrum, water-resistant sunscreen 20 minutes before leaving for school
- Act as positive role models by practising Sun Smart behaviour
- Support the school's Sun Smart Policy and help to design and regularly update the policy.

Students will:

- Be aware of the school's Sun Smart Policy
- Take responsibility for their own health and safety by being Sun Smart
- Comply with Sun Smart rules and guidelines by wearing suitable hats, clothing, sunscreen and sunglasses
- Apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before going outdoors
- Act as positive role models for other students in all aspects of Sun Smart behaviour
- Help to design and regularly update the Sun Smart Policy
- Participate in Sun Smart education programs

Date of Issue 12/10/ 2021

Date of Review 12/10/ 2022

A. m. Pawsey

Ming-De International School Toowoomba
Ann Marie Pawsey
Principal

48 Althaus Road, Westbrook, QLD 4350 Australia
www.ming-de.qld.edu.au

Tel: (07) 46306813
ABN: 12996408457